


#RegionVIIYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN CENTRAL VISAYAS

PART 2



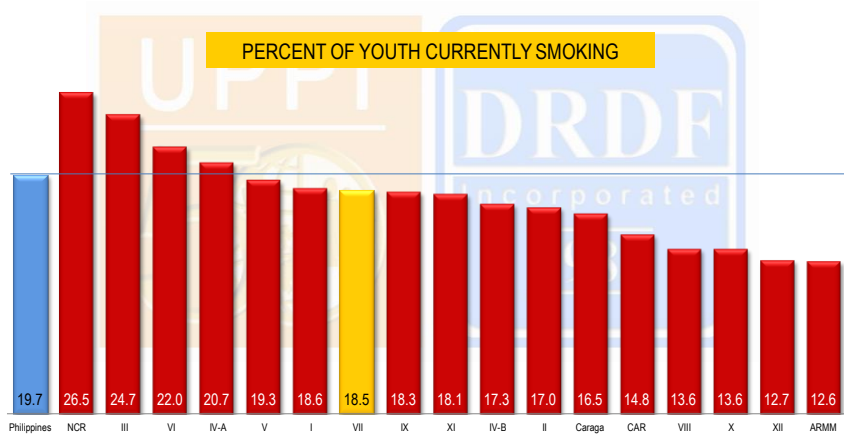
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OUTLINE

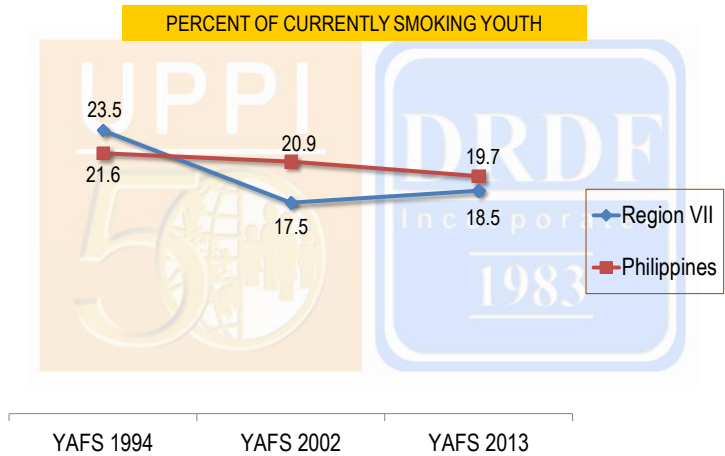
- ### Part 2
- Nonsexual risk behaviors
 - Smoking
 - Drinking
 - Drug use
 - Suicide
 - Violence
 - Sources of information about sex and reproduction
 - Summary



Proportion of current smokers among the Region VII youth is below the national average



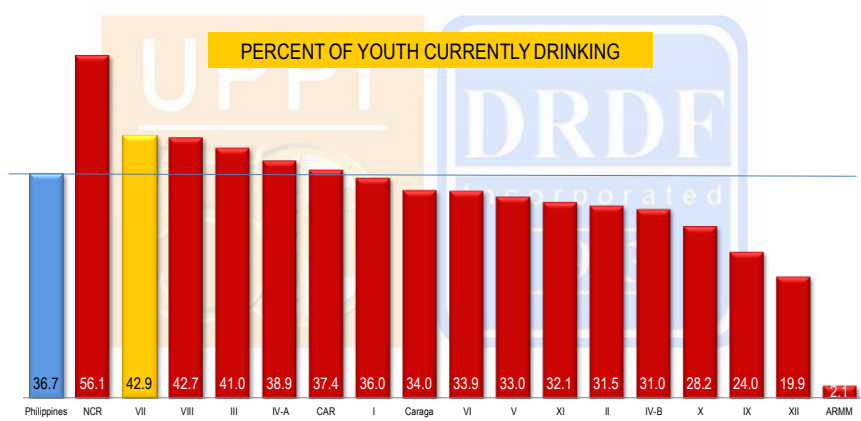
Slight increase in the proportion of currently smoking youth in Region VII



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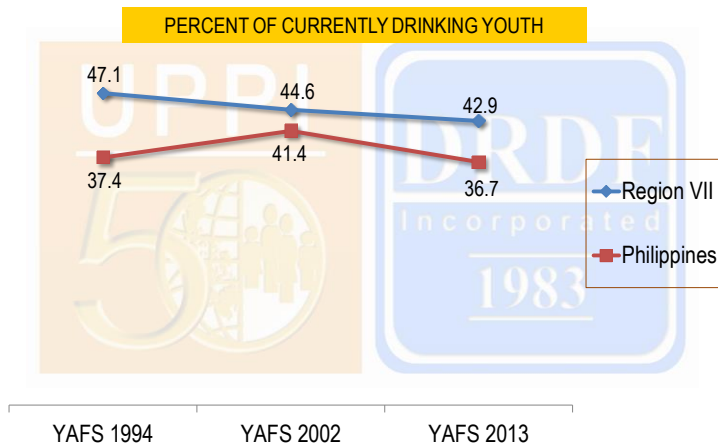
The proportion of Region VII youth who are currently drinking is the 2nd highest in the country



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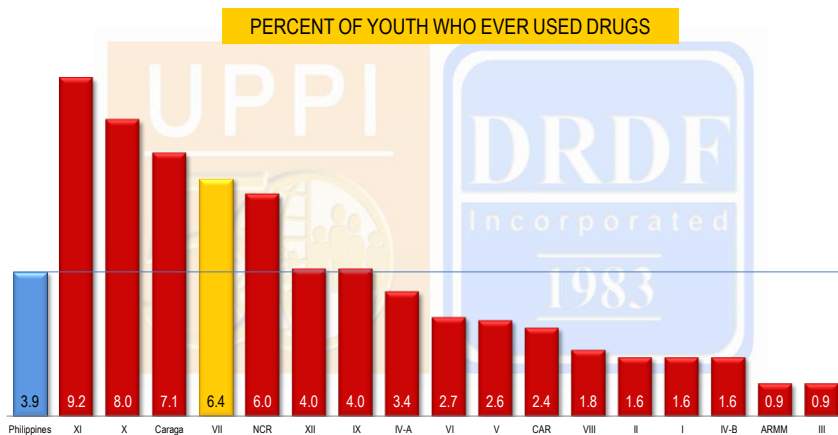
There is a decline in the proportion of currently drinking youth



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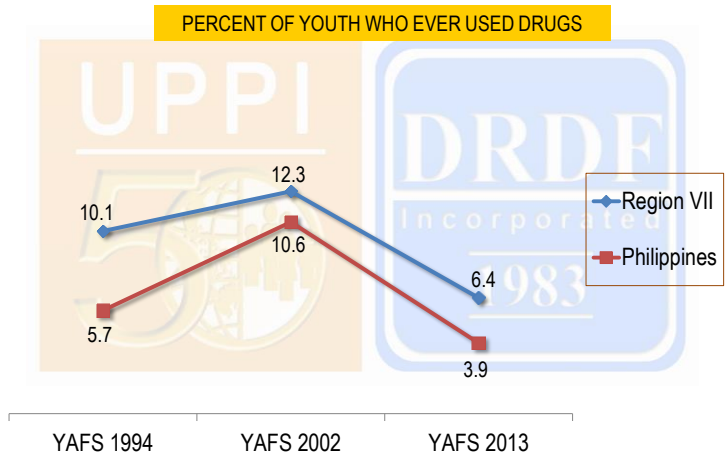
Proportion of Region VII youth who ever used drugs is the 4th highest in the country



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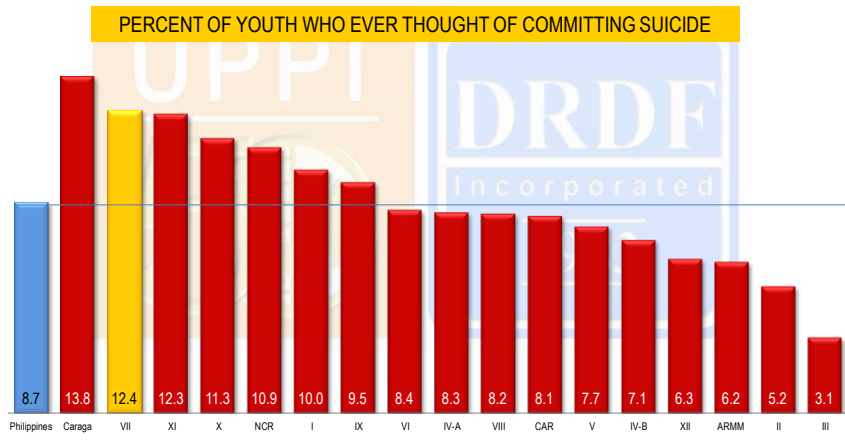
There is a steep decline in the proportion of youth who ever used drugs



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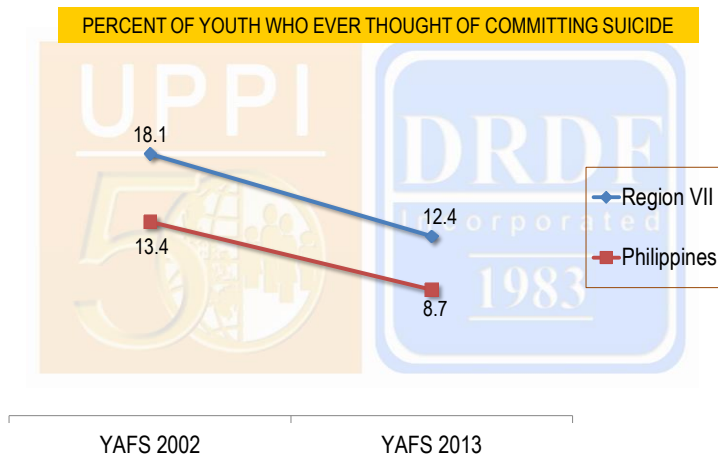
The proportion of youth who ever contemplated suicide in Region VII is 2nd highest in the country



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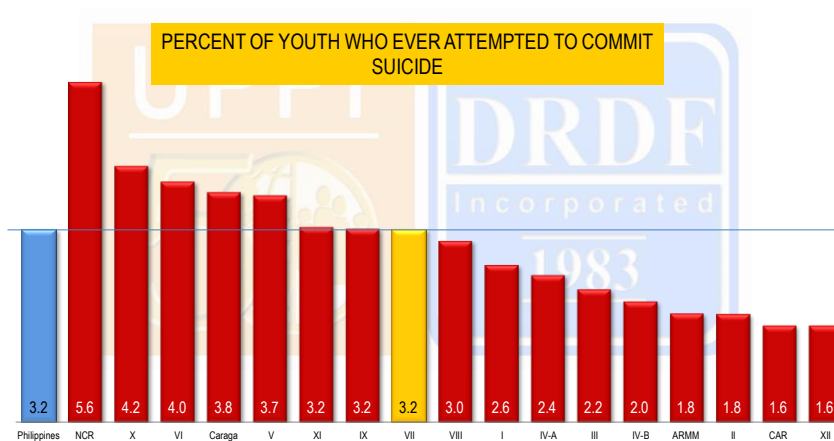
Steep decline in the proportion of youth who ever thought of committing suicide



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Proportion of Region VII youth who attempted to commit suicide is the same as the national level



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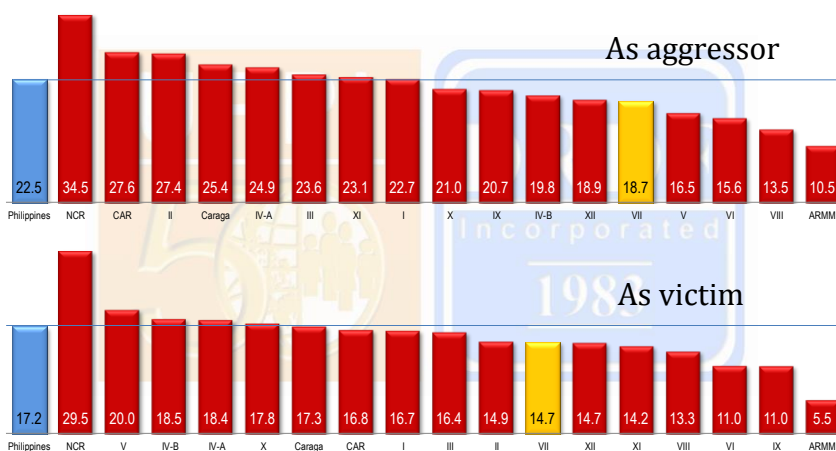
Slight decline in the proportion of youth who ever attempted suicide



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Proportion of Region VII youth who physically hurt someone in the last 12 months is the 5th lowest in the country; proportion of victims is also relatively low

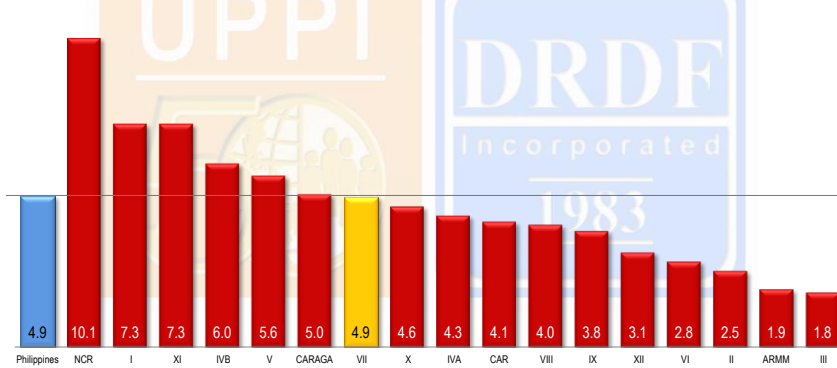


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Proportion of youth who experienced harassment using technology is the same as the national level

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

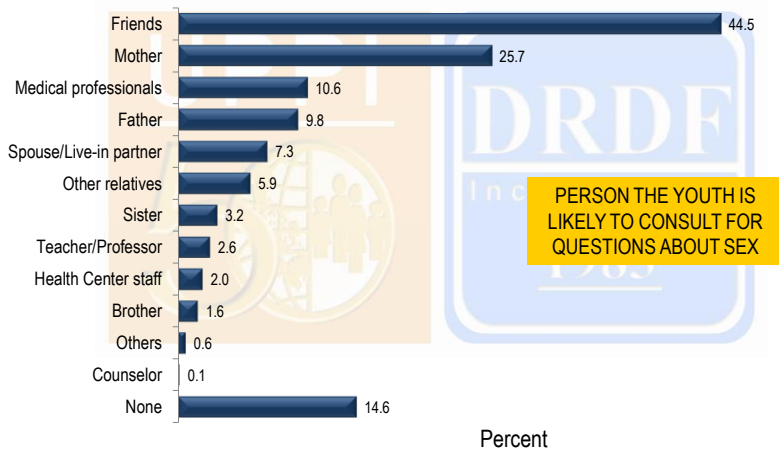


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UsapangSex
SOURCES OF INFORMATION ABOUT SEX

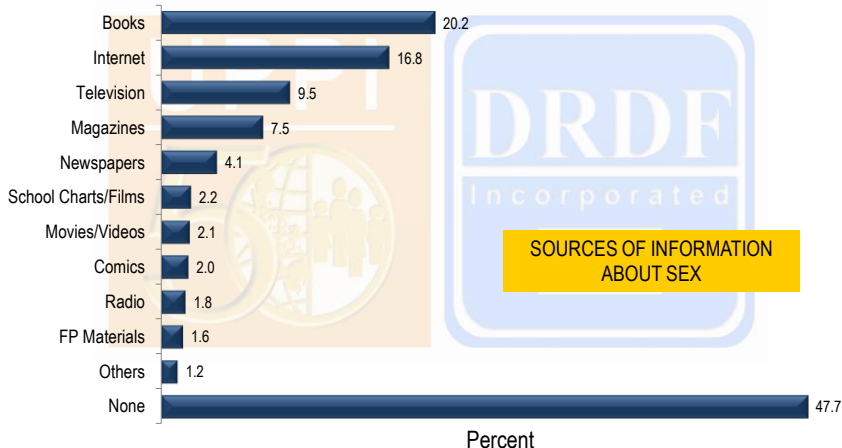
Most Region VII youth would consult their friends and mothers if faced with questions about sex, 1 in 7 will consult no one



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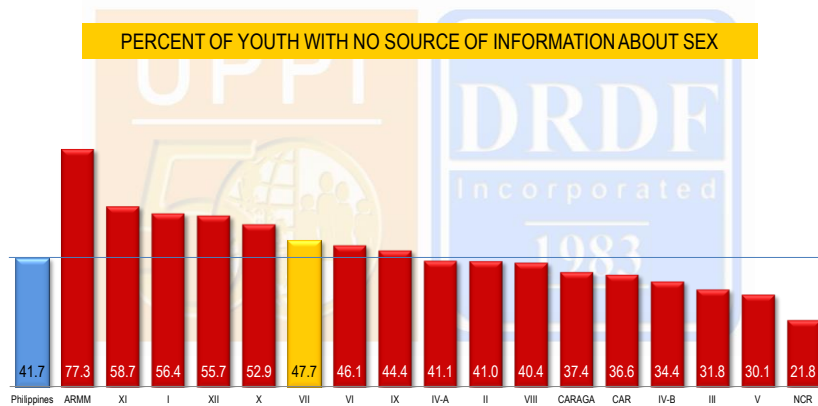
Nearly half of Region VII youth do not have any source of information about sex



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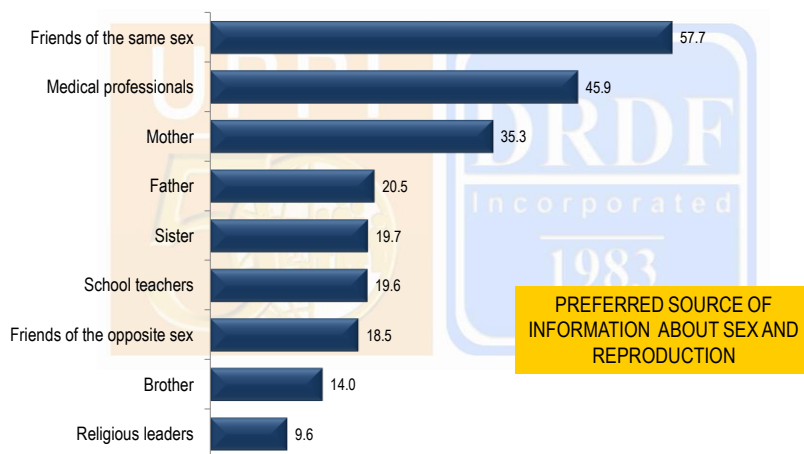
Proportion of youth without any source of information about sex is above the national level



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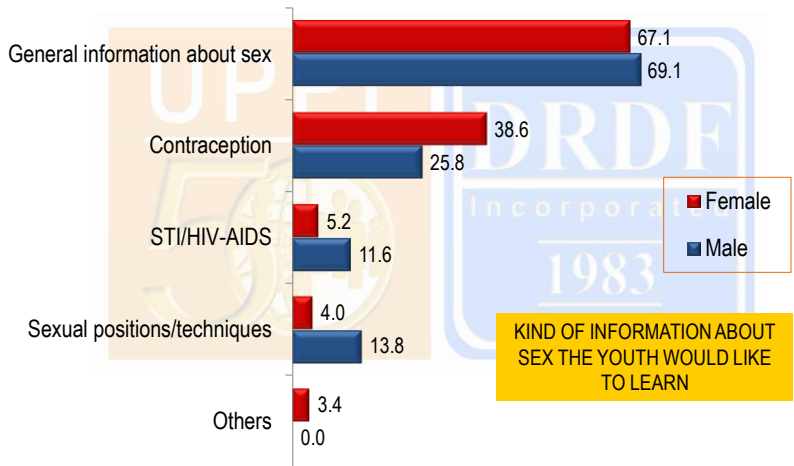
Friends of the same sex and medical professionals are Region VII youth’s most preferred sources of information about sex and reproduction



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Most Region VII youth would like to learn general information about sex

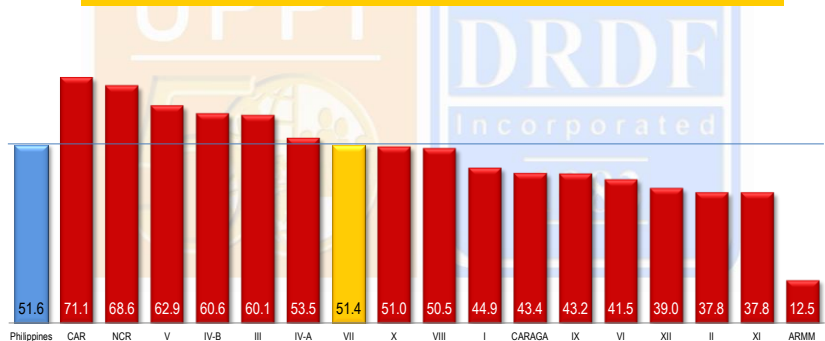


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Proportion of youth who can find help in school regarding sex-related problems is about the same as the national level

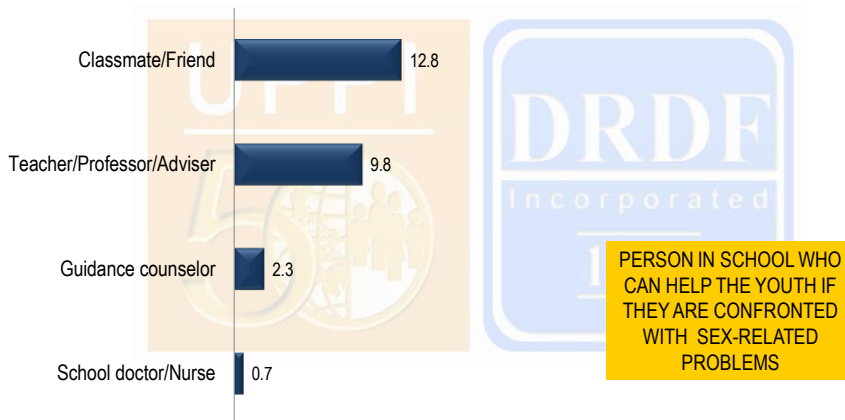
PERCENT OF YOUTH WHO HAVE SOMEBODY IN SCHOOL WHO CAN HELP THEM IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS



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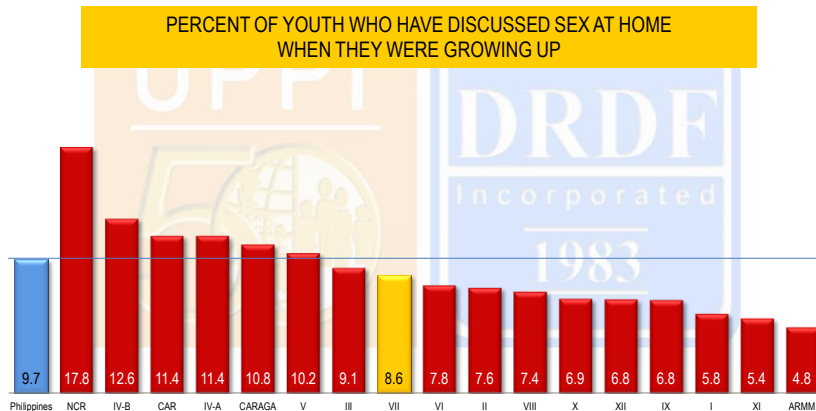
More than one-tenth Region VII youth identified their classmates/friends as the persons who can help them if they have any sex-related problem



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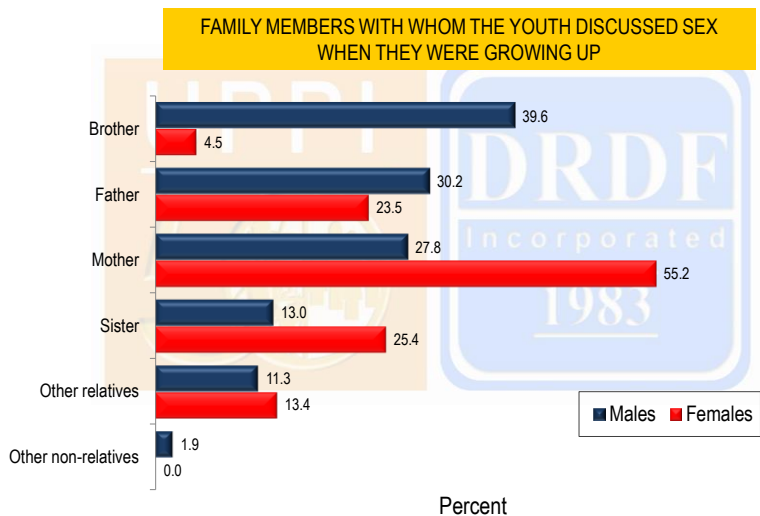
Only 9 in 100 Region VII youth have discussed sex at home while growing up



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More male youth discuss sex at home with their brothers; the female youth with their mothers



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SUMMARY

Non-sexual risk behaviors of Region VII youth

- Increase in the % who are currently smoking, decline in the % who are into drinking and drugs
- Of the estimated 1,425,883 Region VII youth in 2013:
 - Around 264,000 are currently smoking
 - Around 612,000 are currently drinking
 - Around 91,000 have ever used drugs
- Proportion who ever thought of committing suicide (12.4%) is the 2nd highest in the country
- Proportion who ever attempted suicide (3.2%) is the same as the national level
- Proportions who have been aggressors and victims of violence are among the lowest in the country

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SUMMARY

Sources of information about sex of Region VII youth

- Among those who have some sources of information about sex, most rely on books, internet, and TV
- Friends (particularly of the same sex), medical professionals, and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- The considerable proportion (48%) who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
 - More male youth discuss sex at home with their father and brother/s; the female youth with their mother and sister/s

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ThankYou!

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